

# MAXM SKATE

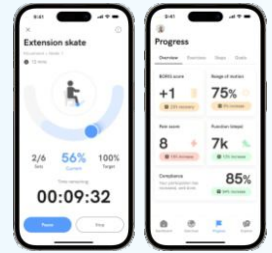
MaXm - a pioneering med-tech company from Australia - is committed to maximum movement. By integrating cutting-edge med-tech, motivational psychology, and innovative engineering, MaXm ensures world-class access to Post TKR (Total Knee Replacement) Rehabilitation for patients worldwide.



## MaXm Skate

Australia's Popular Post- TKR  
Rehabilitation Programme, Now in India!

Knee pathologies are increasing globally, putting a strain on healthcare and magnifying the importance of rehab at home.



INTRODUCING MAXM SKATE - an innovative digital & tangible solution.

- A novel, patient friendly device invented & created by an Orthopaedic Surgeon.
- Combines Innovative technology with an app based rehabilitation programme.
- Designed to **Assist, Accelerate & Achieve** post knee surgery recoveries.
- A smartphone app (iOS & Android) both easy to download and use.

## MAXM Skate Exercises

These simple but highly effective exercises in combination with our innovative skate technology are designed to ignite your knee recovery journey.



Flat skate



Flexion

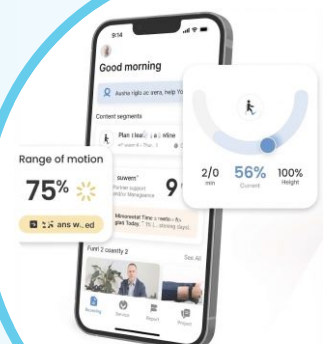


Extension

3 Exercises. 2 Exercises /day for 4 weeks.  
See the difference.



Patients feel engaged & motivated to work through a structured rehab program from the comfort of home.





## **BULKY, HEAVY & NON-PORTABLE**

CPM machines are too large to move around easily and require an electrical outlet and a cord, making them difficult to transport.

## **DIFFICULT TO USE FOR PATIENT'S**

A complex UI can pose a challenge for patients to understand and operate the CPM machine.

## **LIMITED BENEFITS & EFFECT OF PASSIVE MOTION**

Research suggests that benefits for long-term function and pain relief are minimal compared to active therapy like MaXm Skate Passive, unrestricted motion may lack the intensity needed to effectively break down scar tissue.

## **PATIENT'S NON-COMPLIANCE**

Patients may hesitate to use the CPM machine, which can hinder their recovery progress.

## **INEFFICIENT RESULTS & RISK OF STIFFNESS**

Studies have concluded that the actual ROM (Range of Motion) achieved is often less than expected. Use of CPM machines may not effectively prevent stiffness, as indicated by studies.

## **MAXM SKATE – LIGHT WEIGHT & FULLY PORTABLE**

Easy to carry and move around thanks to its lightweight footprint. A Type-C rechargeable sensor, fitted neatly into a dedicated slot on the MaXm Skate, empowers physiotherapists and patients with complete portability and control.

## **EASY TO USE FOR PATIENT'S**

A smartphone app for both iOS and Android with an eye-catching UI and self-explanatory tutorials makes MaXm Skate a delight to use.

## **UNLIMITED BENEFITS**

The Bluetooth-enabled sensor helps patients track their range of motion from day one. This active therapy puts post-TKR, post-ACL, and knee-injury patients in complete control of their rehab journey. Set benchmarks. Monitor progress. Share result with orthopaedic surgeons and physiotherapists.

## **PATIENT'S COMPLIANCE**

Live bio-feedback on the smartphone screen keeps patients engaged and motivated for faster joint recovery.

## **NO RISK**

MaXm Skate is designed to reduce stiffness, boost circulation, and speed up the return to movement. There is no risk involved in using MaXm Skate. Simply follow clinician-informed exercises and stay worry-free about stiffness.



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